**Major Project 5 - Podcasting – 150 Points**

**Purpose & Introduction.** Thus far in K200 you have been working out of a textbook or a handout following step-by-step instructions. This helped you learn skills in creating and editing audio and video files. This major project will test your ability to apply the skills you’ve learned and your own creativity. Although the below projects may give you some step-by-step instructions, you will need to use your own creativity and problem-solving skills to create the podcasts. This assignment is in two parts: **Part 1 – Audio Podcast – History of the Olympics** and **Part 2 – Video Podcast – Basketball Jumps**. Each part is worth 75 points.

**Student Data Files.** You will find the needed assignment files on the [All Project Due Dates](https://k200.publichealth.indiana.edu/dpp-due-dates.html#podcasting) Webpage listed under Major Project #5 - Podcasting.

The files are:

* Audacity folder:
	+ - olympic\_discussion.aup3
* Video folder:
	+ - basketball\_simul2.mp4
		- bhss\_baketball.mp4
* Free Music folder:
	+ - Vanessa\_Van\_Spall\_-\_Save\_Me.mp3
		- Vittoria\_Conn\_-\_Dont\_Say\_It.mp3
		- Zoe\_Blade\_-\_Bondi\_01.mp3

**Submit for Grading.** Your podcasts must be put in your Major Project #5 – Podcasting section of Assignments in Canvas by ***11:59 Sunday, April 20, 2025. New due day to ensure you are ready for website creation.*** If your work is not in the correct Canvas section on time, it will not be graded.

Files to be submitted:

1. **Lastname\_Firstname\_History\_of\_Olympics.mp3**
2. **Lastname\_Firstname\_History\_of\_Olympics.aup3**
3. **Lastname\_Firstname\_Basketball\_Jumps.mp4**
4. **Adobe Express Link to video**



**TASKS: Audio Podcast and Video Podcast**

**Part 1 – Audio Podcast – History of the Olympics**

*Assess Skills: 1.) Create new file in Audacity; 2.) Create a fade-in and fade-out; 3.) Delete excess music clip; 4.) Import audio file into Audacity; 5.) Convert .aup3 file to .mp3 in Audacity.*

*Before you begin:* Review instructions given in [Audio Editing with Audacity](https://iu.mediaspace.kaltura.com/channel/Audio%2BEditing%2Bwith%2BAudacity/374974132).

You will need to create a podcast about the history of the Olympics. You will name the podcast **Lastname\_Firstname\_History\_of\_Olympics.** You will use the file, olympic\_discussion.aup3, found in the Audacity folder. The history of the Olympics is discussed in the first half of the file. You must edit out the part of the audio file that focuses on politics. Podcast should only have introduction of interview and interviewee and the history of the Olympics. Add music from the supplied files in the Free Music folder for a fade-in at the beginning of the podcast and a fade-out at the end. This part is worth 75 points.

***Note:*** **YOU MUST USE THE MUSIC PROVIDED TO YOU IN THE FREE MUSIC FOLDER!!!** You are **only** allowed to use this music. Use of any other music will result in losing all points for this part of Major Project 5.

Proposed Work Flow:

1. Open Audacity.
2. Open the Audacity file olympic\_discussion.aup.
3. Listen to the entire file.
4. Edit the file so that only the parts that introduce the speakers and those parts covering the history of the Olympics can be heard. Delete other parts.
	1. ***Hint:*** You will hear Ms. Lion say “Speaking of politics…” somewhere between 6 and 6:30 minutes. Cut from that sentence to the end of the audio clip. This is all you will need to do.
5. Save project as **Lastname\_Firstname\_History\_of\_Olympics.aup3**.
6. Pick a song from the Free Music folder and add it to the Audacity project. The song is your choice.
7. Song Fades: **REMEMBER WHAT THEY LOOKED LIKE AND HOW YOU MADE THEM IN THE WEEKLY PROJECT! MUST BE THE SAME HERE!**
	1. At the beginning of the track there must only be music NOT voices and music.
	2. The song must fade-in and fade-out at the beginning of the podcast and fade-in and fade-out at the end.
	3. Both the beginning and the end fading music clips should be between 10-15 seconds. ***Note:*** Create the fade-in and fade-outs like you did in the Weekly Project.
	4. ***Note:*** One music file will not be long enough to cover the entire song and then be used as a fade-out. You must import music twice. Yes you may use different pieces of music for the fade-in and fade-out.
	5. ***Note:*** You will need to use the Timeshift tool to move the interview clip so that you can have a fade-in/fade-out at the beginning and end. Refer to the section *Introduction to Podcasting* in the *Multimedia in K200* manual if you need help remembering how to do this.
	6. The music should not be heard during the interview. Yes, you will hear a bit due to the fade-in and fade-out at the beginning and the end. However, you should not hear the music during the interview.
	7. At the end of the track there must only be music NOT voices and music.
8. Save your work.
9. Convert your work to an .mp3 file. ***Fill out the following fields:***
	1. Artist Name: Your name, first then Last.
	2. Track Title: History of the Olympics with Dr. Phil Henson
	3. Year: Current semester and year. Example: Fall 2024.
	4. You may leave the other files empty, unchanged, or add what you think is best.
10. File name must be: **Lastname\_Firstname\_History\_of\_Olympics.mp3**
11. Make sure your file is between 6:30 and 7 minutes in length.
12. Submit both audio files for grading -**Lastname\_Firstname\_History\_of\_Olympics.mp3** and **Lastname\_Firstname\_History\_of\_Olympics.aup3** file to the Major Project # 5 – Podcasting section of Assignments.
13. Backup files to OneDrive.

**Criteria for Success: Grading Rubric:**

1. Music opens podcast, fading in and out: *(-10 if incorrect/can’t hear for either)*
	1. Only music is heard for the beginning fade-in. Remember how it sounded in Weekly Project.
	2. Only music is heard for the ending fade-out. Remember how it sounded in Weekly Project.
2. Music chosen from provided files. *(-10 if incorrect)*
3. Music is not heard during the interview. *(-10 if incorrect)*
4. Podcast has introduction of interviewer and interviewee. *(-10 if incorrect/can’t hear)*
5. Podcast gives history of the Olympics. *(-10 if incorrect/can’t hear)*
6. Music ends podcast, fading in and out. Voices go away during the fade-out. Remember how it sounded in Weekly Project. *(-10 if incorrect/can’t hear)*
7. One or more of the following appear when track is played: Student name, track title, and/or year. *(-10 if incorrect)*
8. Files have correct names: **Lastname\_Firstname\_History\_of\_Olympics.aup3** and **Lastname\_Firstname\_History\_of\_Olympics.mp3.** *(-10 if incorrect)*
9. Files should NOT be longer than 8 minutes. *(-10 if incorrect)*
10. Both files must be submitted. *(40 points if incorrect.)*
11. Submitted to Major Project #5 – Podcasting in Assignments. *(-75 if not done)*



**Part 2 – Video Podcast – Basketball Jumps**

*Assess Skills: 1.) Create new file in Adobe Express; 2.) Import video file Adobe Express; 3.) Add Titles to video; 4.) Add music to video; 5.) Download file as .mp4; 6.) Create and copy Adobe Express link for video.*

*Before you begin:* Review instructions given in[Video Creation with Adobe Express Online.](https://iu.mediaspace.kaltura.com/channel/Video%2BCreation%2Bwith%2BAdobe%2BExpress%2BOnline/361749882)

You will need to create a video file for podcasting showing two types of jumps in basketball, the jump shot and the layup. You will name the podcast **Lastname\_Firstname\_Basketball\_Jumps.** You will use the .mp4 files found the Video folder, basketball\_simul2.mp4 and bhss\_basketball.mp4. You will add the correct titles listed below. You will select a piece of music to play throughout the video project. Once you have completed your work in Adobe Express you will need to download your file to .mp4 and create a link to it. This part is worth 75 points.

***Note:*** **YOU MUST USE THE MUSIC PROVIDED TO YOU IN THE FREE MUSIC FOLDER!!!** You are **only** allowed to use this music. Use of any other music will result in losing all points for this part of Major Project 5.

**Note:** In these instructions a slide, title slide, screen slide, and scene are the same thing.

**Proposed Workflow**: Remember the Videos for the Weekly assignment.  Review them if you get bewildered on this assignment.

1. Open Adobe Express.
2. Slide #1 - Create the title slide: Basketball – The Jump Shot & the Layup
	1. **Give slide formatting other than default color and/or font.**
3. Save your project as **Lastname\_Firstname\_Basketball\_Jumps**.
4. Slide #2 - Create next slide: by Your Full name for K200.
	1. **Every slide from this one until Slide #10 must have different formatting than the title slide.**
5. Slide #3 - Create next title slide: A jump shot is an attempt to score in basketball by jumping. This occurs when a player is a distance from the basket.
6. Slide #4 - Create next slide: The player will usually jump straight up and once in mid-air will propel the ball towards the basket.
7. Slide #5 - Create next slide: The ball will usually travel in an arc in order to get to the basket.
8. Slide #6 - Create next slide: This clip demonstrates a jump shot
9. Insert the video clip bhss\_basketball.mp4.
10. Slide #7 - Create next slide: The layup is also an attempt to score. It begins by the player being below the basket when jumping.
	1. Change formatting on this title slide so that it is not the same as the previous slides about the jump shot.
11. Slide #8 - Create next slide: The player will then lay the ball up near the basket.
12. Slide #9 - Create next slide: The player can then either bank it off the backboard or just put it in the basket.
13. Slide #10 - Create next slide: This is an example of a player practicing a layup.
14. Insert the video clip basketball\_simul2.mp4.
15. Slide #11 - Create next slide: Special thanks to Pat Setser for the basketball clips.
	1. **This slide must have different formatting that title slide and all previous slides.**
16. Add music of your choice from the Free Music folder.
17. Music can play over the video files. (It actually improves them.)
18. Watch/Listen to the completed assignment to verify that you have all the slides, and the music is correct.
19. Download the finished project as an **.mp4 file**. File name must be **Lastname\_Firstname\_Basketball\_Jumps.mp4.**
20. Create a sharing link file and copy the link so you will be able to save it.
21. **Verify Link:**  Put the above referenced video link in a different web browser and hit return, to verify that it works.
	1. If it does not, you must remake the link again. Be sure to follow the instructions in the video!
22. Save the assignment .mp4 file in your OneDrive.
23. Submit work for grading by uploading the assignment file - **Lastname\_Firstname\_Basketball\_Jumps.mp4 -** and the **Adobe Express link** to the Major Project #5 – Podcasting section in Assignments.

**Criteria for Success: Grading Rubric:**

1. Must have screen slides with correct text. *(-10 if incorrect)*
2. Screen slides must be in correct order. *(-10 if incorrect)*
3. Music chosen from provided files. *(-10 if incorrect)*
4. Must use both video clips in proper order. *(-10 if incorrect)*
5. Must have correct spelling and grammar on slides. *(-10 if incorrect)*
6. Slides must not have default formatting; colors must be something other than black background with white letters. *(-10 if incorrect)*
7. Slide groups (Title, slides 2-10, and credit slide) must look different from each other *(-10 if not done)*
8. Must have music playing throughout the entire clip. Fine to overlap videos. *(-10 if incorrect/cannot hear)*
9. The .MP4 file has correct name: **Lastname\_Firstname\_Basketball\_Jumps.mp4.** *(-10 if incorrect)*
10. Link to online file must work. *(-10 in incorrect)*
11. Submitted to Major Project #5 – Podcasting in Assignments. *(-75 if not done)*